

## Particularly important:

- The best preparation for the School is a regular visit to the day care center (Kita)
- Take therapy recommendations very seriously at all times.
- Support your children but never practice with a target in mind and do not put pressure on them.
- Physically passive activities need to be balanced with movement.
- Children need enough sleep, healthy food and lots of outdoors action.
- Sometimes children get too much excitement that they often cannot even process.
- A moderate and critical use of computers, cellphones and alike is very important.
- Children need again and again moments in which they can relax and come to rest.

## Contact

City of Duisburg (Stadt Duisburg)

Department for Family, Education and Culture,  
Work and Social Affairs  
Office for the Educational Region of Duisburg

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### Nähere Informationen:



[www.duisburg.de/bildungsregion](http://www.duisburg.de/bildungsregion)

## Useful Information for Parents

### Pre-School Fostering Learning Possibilities



BildungsregionDuisburg

DUISBURG  
am Rhein

# Play with me! Fostering means: „to do something together“

- Playful fostering of different competencies
- “I am packing my suitcase” („Ich packe meinen Koffer”) (memory ability/vocabulary)
- View picture books, tell stories and read aloud (general education/vocabulary)
- „Memory” (visual perception/memory ability)
- “I can see something, that you cannot see” („Ich sehe was, was du nicht siehst”) (visual perception/vocabulary)
- “All birds fly high” („Alle Vögel fliegen hoch”) (auditory perception/general education)
- Play board games
- Be creative together
- Early musical education: positive feedback for the learning development

- Many primary experiences: tree climbing, play with sand and water
- Help to become independent: dress alone, tie a bow etc.
- Practice behavior in traffic: point out dangers
- Experience everyday life consciously: cook, do groceries, make phone calls together etc.
- Promote good social behavior: Respect for other people and the environment, getting, accepting and giving help, showing and recognizing feelings, being able to listen and wait and develop friendships

**And much more...**  
**Stay in contact**  
**with your child.**

## Schedule until school starts

- **September 2021:**  
Letter from the City of Duisburg “School Registration” („Schulanmeldung”) to the new students of the school year 2022/2023
- **September/October 2021:**  
Open day at primary schools (“Tag der offenen Tür”)
- **October 2021:**  
School Registration
  - Many schools offer appointments
  - Bring the birth certificate and the child
- **Summer 2022:**  
Information events of primary schools
  - parents’ evenings,
  - parents’ afternoons

